

Are you
ready?

Let's go sew!
with Joanne Banko

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Silk Dupioni Book Cover



PART ONE – BOOK COVER

Supply list for book cover:

- Embroidery design for front of cover. Note featured design is [No. 371017](#) from the Brother digital download site, www.ibroidery.com. Thread colors used in this project are Brother Embroidery threads, #843 Beige and #323 Light brown.
- Piping foot for decorative piping.
- Embroidery supplies, including embroidery thread and bobbin thread.
- Pattern tracing cloth or paper for making book cover pattern.
- Purchased Blank Journal measuring 6" X 9"
- 3/8 yard ivory Silk Dupioni fabric for front of book cover.
- 5/8 yard ivory light weight satin lining fabric for lining, **and** for self-made piping.
- Thin quilt batting such as Warm & Natural®, one piece 22" wide by 12" long.
- Two 18" long pieces of narrow cording for piping filler.
- Two pieces of ivory satin ribbon measuring 1/4" wide X 26" long for book closure.
- Ruler with 45-degree angle marking.

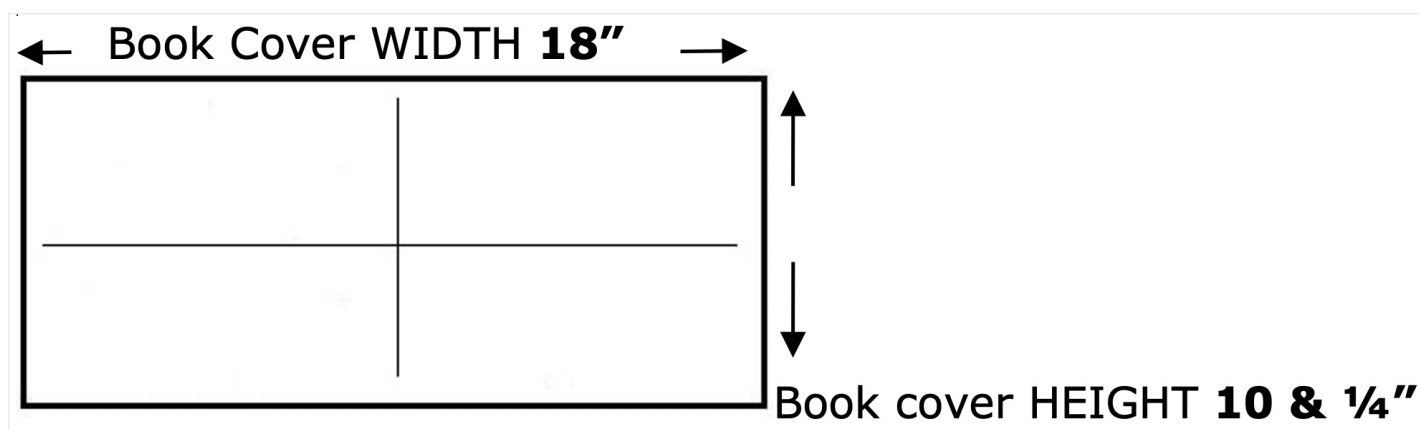
- Medium weight cutaway stabilizer for stabilizing embroidery.
- Water-soluble fibrous stabilizer for decorative stitching on piping strip.
- Temporary spray adhesive such as Sulky KK 2000.
- Basic sewing supplies including an erasable fabric-marking pen and all-purpose sewing thread to match fabric. **Note:** Always test your marker on scrap fabric before using. I have successfully used the purple and blue water-soluble markers on silk dupioni, but you'll want to test on your own fabric. Please see my note on washing silk at the end of these instructions.

Note: 1/4-inch seam allowance used for construction.

Steps to create book cover:

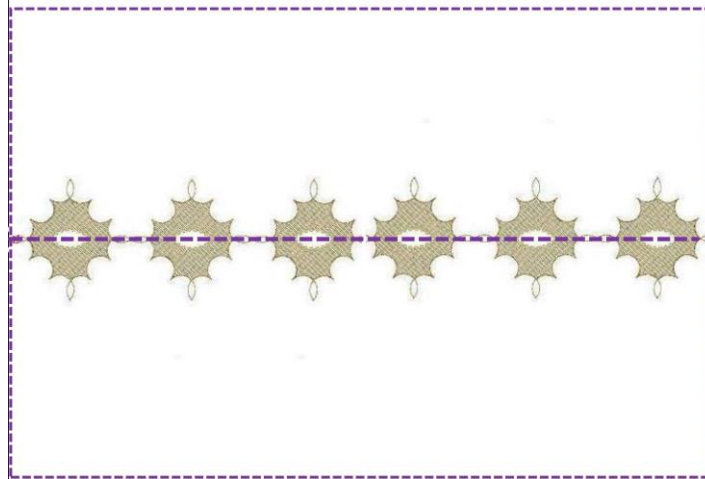
1. Begin by making a paper pattern as follows:

Draw a rectangle measuring 18" wide X 10 ¼" high. Mark center of paper pattern across width and length.



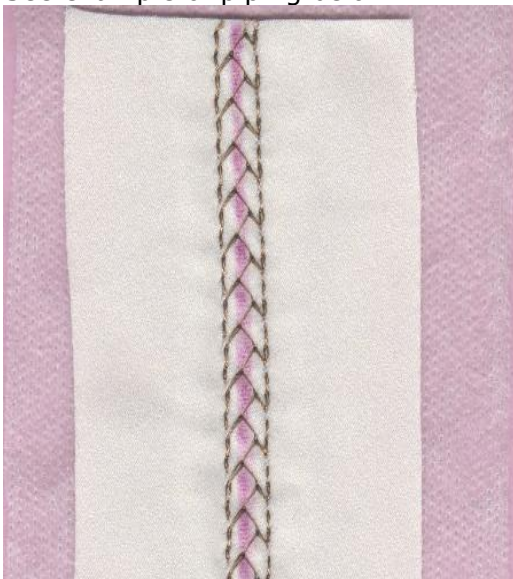
2. For embroidered front, cut one oversized piece of silk dupioni fabric, measuring 22" wide X 12" long. **NOTE:** Fabric is cut oversized to allow for easier hooping during the embroidery process. Book cover is cut to size before finishing.
3. Layer 22" by 12" batting on wrong side of silk dupioni. Mark and stitch diagonal quilting lines on fabric, spacing lines 1 & ½ inches apart.
4. Set up for machine embroidery. Secure medium weight cut away stabilizer to wrong side of quilted piece with temporary spray adhesive. Center book cover pattern over quilted piece and mark outline of book cover. Embroider a centered row of designs on quilted fabric. Trim away excess stabilizer when finished.

Note: Depending on your hoop size you may need to your stitch design combination using multiple hoopings. See example below:

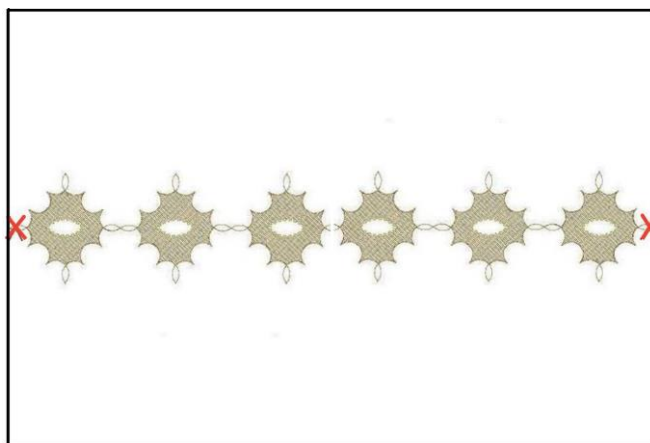


5. Select paper pattern for book cover. Place over quilted fabric, centering pattern over embroidery designs. Cut book cover from quilted fabric and set aside.
6. Use book cover pattern to cut fabric for book lining. Set lining piece aside for later use.
7. Instructions for creating decoratively stitched self-made piping are as follows:
 - From lining, cut two bias strips measuring 2-inches wide X 22-inches long.
 - Set up machine for sewing with light brown thread in the needle. Select an open style 7mm stitch.
 - Layer a narrow piece of water-soluble stabilizer over the bias strip and sew a decorative stitch along the center of each piece of bias.
 - Wash out stabilizer, let dry, and press.
 - Set up machine for sewing piping with a piping foot or an adjustable zipper foot. Wrap bias around cording and baste close to edge of cording. Trim excess bias so you have a ¼-inch seam allowance remaining.

See example of piping below:



8. Baste a piece of piping to top and bottom edges of embroidered book cover, having raw edges even and folding beginning and ending of piping at a 45-degree angle to finish the raw ends.
9. Fold each piece of ¼" satin ribbon in half. Pin or baste ribbon pieces in place on each short end of the book cover. See red X for ribbon location.



10. Layer lining with embroidered book cover. Sew layers together, leaving a small opening on one short side for turning. Turn and press. Close opening with small hand stitches.
11. Press under 1 ¾-inches on short sides to form flaps for book cover. Try on book to see if any adjustment needs to be made, opening and closing the cover to simulate use of the book. To finish, edge stitch flaps, stitching close to piping. Slip book into flaps. You are finished! Enjoy!

See inside of finished book cover below:



I like to wash my silk dupioni book cover after it's been completed. First rinse in clear water to remove all markings. Next, launder in cool water, using baby shampoo instead of detergent. Rinse, air dry, then lightly press. This process gives the finished book cover a slightly wrinkled, antique look.

Options and ideas for book cover:

For other book sizes you'll need to make a customized pattern. Open book and lay flat, face down. Measure open book for the width and add 5 inches. Measure the height and add 1 inch. Use these measurements to draw your paper pattern. Adjust placement for embroidery designs if necessary. Depending on your book size you may need more or less fabric yardage. Also note that length of piping strips may need to be modified.

Comments or questions? Contact me at www.letsgosew.com.