



With Joanne Banko
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Instructions for Making a Fabric Face Covering with Drawstring Shaping

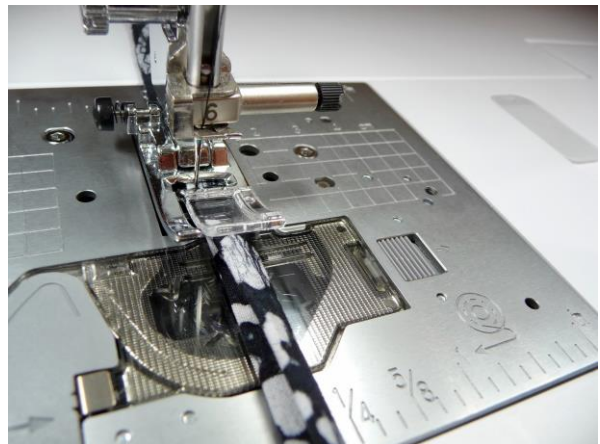
Supplies:

- For front cut one piece of tightly woven quilt weight cotton 9-inches wide X 10-inches long.
- For lining cut one piece of contrast quilt weight cotton fabric 9-inches wide X 8-inches long.
- For ties you'll need a 54-inch length of ¼-inch wide cording, bias tape, or self-fabric (**See Step 1**), cut and finished to equal ¼-inch wide. Note: 550 paracord is another great choice for ties.
- Bodkin or small safety pin to insert ties into side casings. Optional: Fray Check to seal ends of ties.

Note: To easily tell the front side from the lining side I used a print for the front and a solid for the lining. Sample is made from cotton batik for the front and high-quality muslin for the lining.

Steps to make face covering:

1. Assemble supplies. Prepare self-fabric ties if desired. To make my ties, I pieced together 1-inch wide strips of self-fabric, turned under each long raw edge ¼-inch, folded a second time and then topstitched close to the edge to form a ¼-inch wide finished tie. See below:

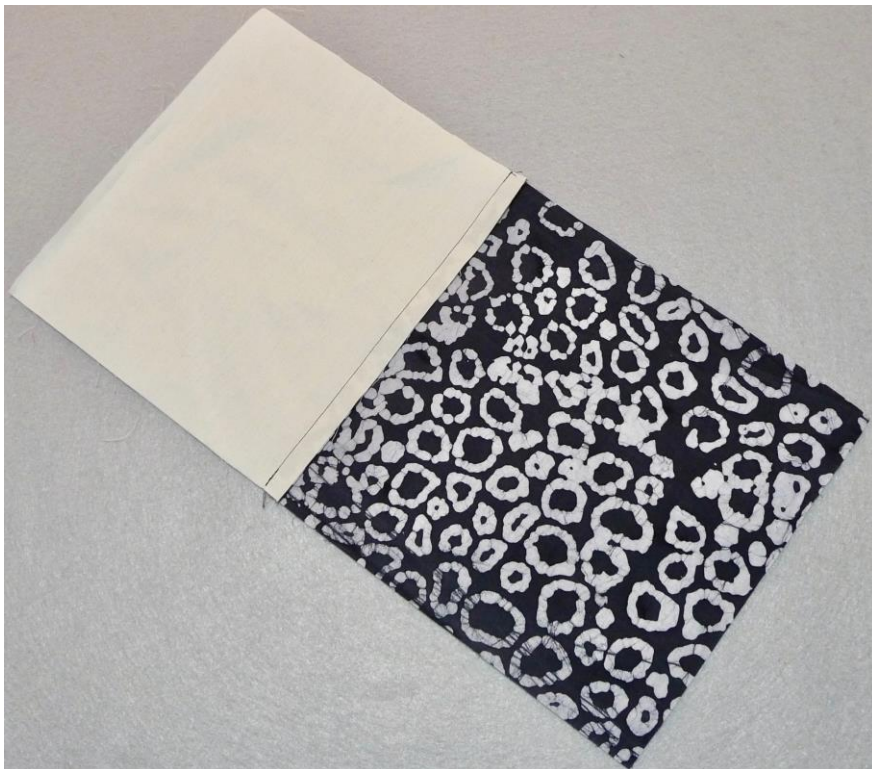


Disclaimer: Mask is for personal use as a face covering and is not designed for any medical purposes whatsoever. Author makes ¹ no claims regarding the use of this mask for protection against any illness. Visit cdc.gov for guidelines on cloth face coverings.

2. Pin lining and front piece right sides together with two short edges matching.

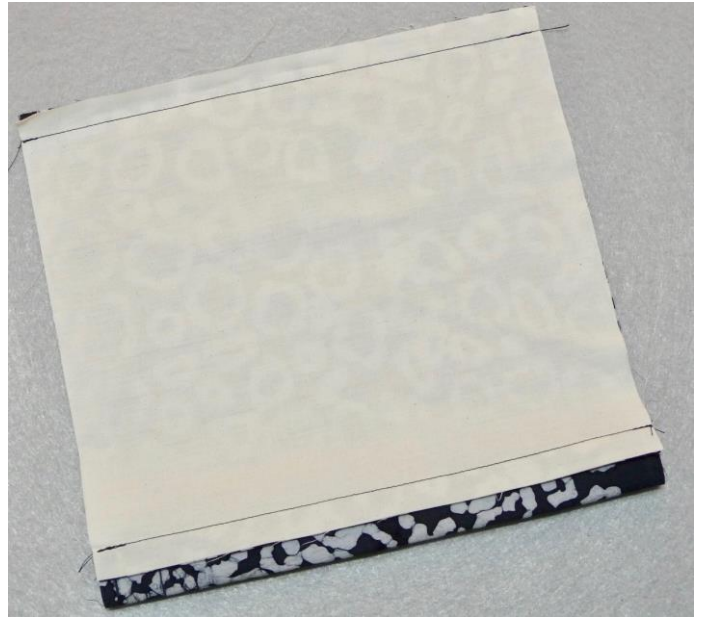
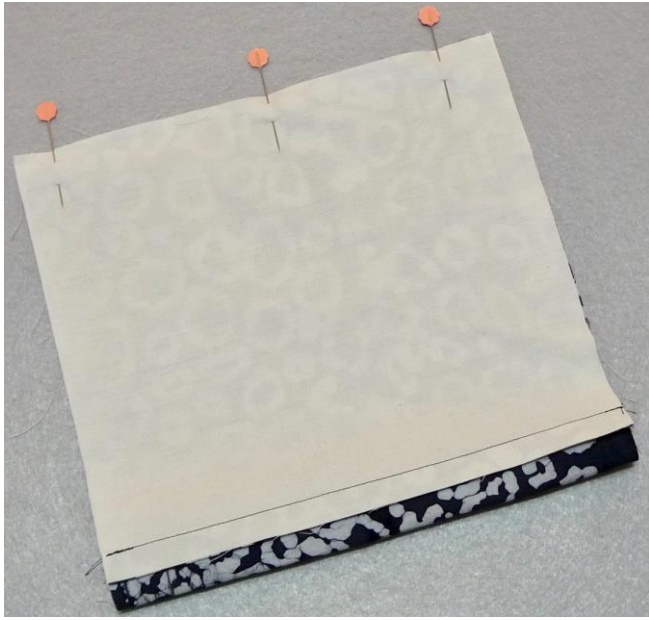


3. Sew a ½-inch seam for the top edge. Press seam away from lining.



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4. Pin opposite short ends. Sew a 1/2-inch seam for the bottom edge.



5. Press flat. Not that front fabric rolls to the wrong side with more showing at the top edge than the bottom. Tip: You could leave part of the top edge open to create a pocket for an additional filter if you wish.



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6. Overcast or serge finish remaining raw edges on each side.

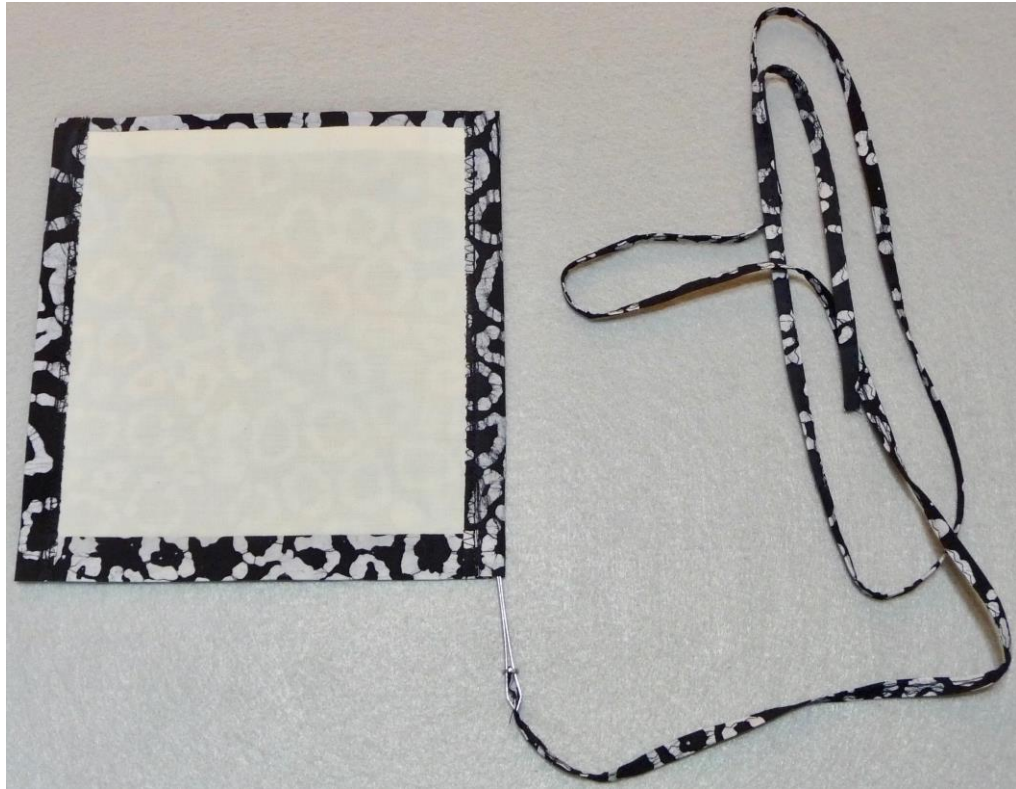


7. Press under 5/8-inch on each side edge. Topstitch 1/2-inch from folded edge to form side casings.



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8. You're almost done Feed cording through side casing beginning at the top edge on one side, and then continuing down the other side until cord exits through the opposite top opening. Knot each raw end, cut at a slant, and lightly apply Fray Check if desired. Your mask is finished!



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9. To wear face covering, begin by having it looped around your neck, with the bottom edge facing chin. Pull drawstrings and adjust loop so it is near nape of neck. Pull up toward face and over nose. Next. Pull cords away from face, pulling to create gathers. Adjust gathers to fit face and tie in back. See steps below. Note: To better fit face, experiment with making the piece slightly smaller or larger as desired.

